

# Program for the Weekend

## Friday

Registration	3:00 – 6:00 pm
Dinner	5:00 – 7:00 pm
General Session	7:00 – 9:30 pm
<ul style="list-style-type: none"><li>• Opening of Retreat</li><li>• Public Relations</li><li>• Greetings – First Lady Min. Shelly Beneby</li><li>• Worship Team</li><li>• Psalmist – Tulie Francois</li><li>• Introduction of Speaker</li><li>• Speaker – Pastor Sophia Pringle</li><li>• Altar Ministry</li></ul>	
Friday Night TAPS (Talk and Pray Session)	9:45 – 10:30 pm

## Saturday Morning

Breakfast	7:00 – 9:00 am
<ul style="list-style-type: none"><li>• Join us for “Golden Hour with the Golden Girls” in Studio 10&amp;11</li></ul>	
Saturday Morning TAPS	8:00 – 8:45 am
General Session	9:00 – 12:00 pm
<ul style="list-style-type: none"><li>• Gospel Groove</li><li>• Worship</li><li>• Welcome/ Notices</li><li>• Breaking Through: From Harm to Healing – Dr Shane Joseph</li><li>• Q&amp;A</li><li>• Electives</li></ul>	11:00 – 12:00 pm
Lunch	12:00- 1:30 pm
Saturday Afternoon	
Self Defense with Karate for Christ	1:30 – 2:30 pm
Love & Care Pastors’ Wives Fellowship	1:30 – 2:30 pm
Reflection and Leisure	2:30- 5:00 pm
Dinner	5:00 – 6:45 pm

## Saturday Evening

General Session	7:00 – 10:00 pm
<ul style="list-style-type: none"><li>• Special item – French Sisters</li><li>• Greetings from The National Bishop Shelton Beneby</li><li>• Worship Team</li><li>• Psalmist –</li><li>• Introduction of Speaker</li><li>• Speaker – Min. Esther Chouloute</li><li>• Altar Ministry</li></ul>	
NLR NextGen – Chill & Chat in Idea Loft	10:00 -11:00 pm
Staff Meeting	10:15 – 11:00 pm

## Sunday Morning

Breakfast	7:00 – 8:45 am
General Session	9:00 – 12:30 pm
<ul style="list-style-type: none"><li>• Women of Excellence Award presentation</li><li>• NLR Impact</li><li>• Acknowledgements</li><li>• Psalmist</li><li>• Worship Team</li><li>• Worship in Giving</li><li>• Speaker – Min. Esther Chouloute</li></ul>	
Dismissal	12:30